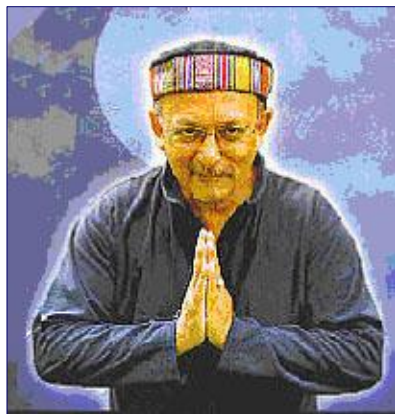


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Classes are 1 hour long

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North Shore Spiritual Centre – 102-88 Lonsdale Avenue,  
North Vancouver

Scotiabank Dance Centre – 677 Davie Street,  
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*Please wear comfortable clothes*

**TO REGISTER:**

Call (778) 280-3838 or send an email with your contact information to [iqbal@healingtv.ca](mailto:iqbal@healingtv.ca)

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